#### REGIONAL RESOURCES OUTSIDE OF NHCC'S SERVICE AREA

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# **Chemical Dependency**

New Beginnings

In-Patient/Out-Patient treatment for Alcohol and Drug addictions. 109 Northshore Drive Waverly, MN 55390 (763)-658-5800 or 1-800-487-8758

\*Out-Patient treatment is also available in the following locations: St. Peter, Elk River, Litchfield, Olivia, Worthington.

<u>New Life Treatment Center</u> In-Patient/Out-Patient treatment for drug/alcohol/gambling addictions. 130 Dakota Street South, P.O. Box 38 Woodstock, MN 56164 (507)777-4321

Project Turnabout In-Patient/Out-patient treatment for Drug/Alcohol/Gambling addictions 660 18th Street, P.O. Box 116 Granite Falls, MN 56241 Phone: (320)564-4911 or 1-800-862-1453 Fax: (320)564-3122

### **Domestic Abuse**

<u>Civil Society</u> 332 Minnesota Street, Suite E-1436 St. Paul, MN 55101 (651)291-8810 or 1-888-772-3324 office@civilsocietyhelps.org

Shelter House

Women and children, domestic abuse and counseling. Phone: (320)235-0962 or (320)235-0475 Crisis Line: 1-800-792-4210 Fax: (320)235-3990 Email: cschmoll@willmarshelter.com Connie Schmoll P.O. Box 568, Willmar, MN 56201 Shelters Houses are located in these counties: Kandiyohi- DV/SA Meeker- DV McCloud- SA Swift- DV/SA Chippewa- DV Lac Qui Parle- DV

Service 19 counties including Lyon, Lincoln, Murray, Rock and Pipestone

Renville County Shelter House

(Outreach Office) Support and advocacy for battered women and children in Olivia.

P.O. Box 65 Olivia, Minnesota Janine Kramer (320)523-1015

Southwest Crisis Center

Serving victims of domestic abuse and sexual assault. Victim Services for the following counties: Nobles, Pipestone, Jackson, Rock, and Cottonwood 920 Diagonal Street Worthington, MN 56187 Phone: (507)376-4311 Crisis Line: 1-800-376-4311 FAX: (507)372-4311

# **Behavioral and Mental Health**

Crisis Response Services (a program of WMHC)

Provides crisis assessment, invention, and stabilization services to children and their families (ages birth-21). Qualified individuals are able to travel to client's location to provide immediate services. Service areas include Lincoln, Lyon, Murray, Redwood, and Yellow Medicine County. (507)337-4980 or 1-800-658-2429

Crossroads Counseling Center

Available areas also include Alexandria and Benson. Counsels individuals, couples and families in areas including, but not limited to: Depression, anxiety, all forms of abuse, drug/sex addictions, trauma, marriage/family issues, adolescent substance abuse, body image and eating disorders, and parent/child conflict. 201 28<sup>th</sup> Ave SW. Willmar, MN 56201 (320)214–8558

> Lighthouse Counseling Ltd. 121 1<sup>st</sup> Ave, P.O. Box 655 Hutchinson, MN 55355 (320)234-7100

> Lighthouse Counseling Ltd. 311 4<sup>th</sup> Street SW, Suite 227 Willmar, MN 56201 (320)214-1201

#### Lutheran Social Services of Minnesota

Licensed professionals, individual and family therapy, child and adolescent therapy, therapy for abuse, 24 hour emergency assistance. 1601 East HW 12, Suite 6. Willmar, MN 56201 (320)235-5411

> <u>New Ulm, MN</u> New Ulm Medical Center 1324 Fifth Street N. New Ulm, MN 56073 (507)233-1000 (605)333-1000

# <u>Behavioral and Mental Health</u> <u>Continued....</u>

Sioux Falls, SD Avera McKenna 1325 S. Cliff Ave., P.O. Box 5045 Sioux Falls, SD 57117 (605)322-8000

<u>Stanford Hospital</u> 1305 W. 18th Street, P.O. BOX 5039 Sioux Falls, SD 57117 (605)333-1000

<u>Woodland Centers</u> A non-profit mental health center Serving West-Central MN 1125 SE 6<sup>th</sup> Street, P.O. Box 787 Willmar, MN 56201 Phone: (320)235-4613 or 1-800-992-1716 Fax: (320)231-9140

# Pregnancy and Sexual Health

<u>The National Abortion Federation</u> Information on abortions and service providers. General Phone: 1-877-257-0012 Financial Assistance: 1-800-772-9100

PATHWAYS (of West Central MN)

Victim services for Yellow Medicine & Chippewa counties, and Lac Qui Parle County 103 West Nickels. Montevideo, MN 56265 Phone: (320)321-1199 FAX: (320)564-9020

**SMOC Family Planning** 

Confidential services. Provides birth control, physician appointments, pregnancy testing, STI testing, emergency contraceptives. Available in the following areas: Worthington, Montevideo, Ortonville 1-800-658-2444

# **Community Resources**

Southwest MN Opportunity Council, Inc.

Head start, energy assistance, weatherization, RASP, child care resource and referral, cultural dynamics education project, homestretch program, self-sufficiency budgeting, emergency services, mortgage foreclosure prevention assistance program, heartland express, family loan and FAIM. Counties Covered include: Murray, Rock, Pipestone, and Nobles. In Marshall, Monte, Redwood, Ortonville. 1-800-658-2444

United Community Action Partnership

Head start, weatherization, self-sufficiency, child care resources and referral, housing programs, big buddies, transportation, energy assistance and senior nutrition program.

> 1-800-992-1710 Other location: 115 South Hwy Jackson, MN 56143 Phone: 507-847-2632

Monday – Friday 8:00 a.m. - 4:30 p.m. Head start, transportation, big buddies, energy assistance, and housing. Serving Jackson and Cottonwood Counties.

#### Enough. Program

Enough. works with any young person age 24 and under (regardless of gender identity, system involvement, or demographic location). The program is designed to offer 1-1 community based supportive services to young people who have or are experiencing sexual exploitation/human trafficking, or whom are at high risk. Referrals to Enough. can be made by anyone, including self-referrals. To make a referral: YMCA Life Coach, Sophia Maceda via phone: (612-492-1713) or email: Sophia.maceda@ymcamn.org.

In addition to 1-1 support by Life Coach, Sophia, Enough. will run prevention groups for youth. Make referral: email Jennifer.Miller@ymcamn.org.

#### Crime Victim Services

<u>Crime Victim Services</u> 515 N. Riverfront Drive Mankato, MN 56001 General Phone: 507-386-1573 SafeLines: 1-800-630-1425

# Homeless Shelters

<u>Theresa House Shelter</u> 423 S Broad St, Mankato, MN 56001 partnersforhousing.org (507) 387-8189

<u>Bishop Dudley Hospitality House</u> 101 N Indiana Ave, Sioux Falls, SD 57103 Sioux Falls, South Dakota bdhh.org (605) 809-8424

<u>Discovery House</u> 1411 Hill Ave, Spirit Lake, IA 51360 mydiscoveryhouse.com (712) 336-5340

<u>St Anne's Place of Haven Housing</u> 2634 Russell Ave N, Minneapolis, MN 55411 havenhousing.org (612) 521-2128

Stepping Stone Emergency Housing 3300 N 4th Ave #14, Anoka, MN 55303 steppingstoneeh.org (763) 323-7006

# Adult Abuse Reporting

MN Department of Human Services State-Wide 24/7 844-880-1574 or online at Mn.gov/dhs/reportadultabuse/

# Veteran's Services

Minnesota Assistance Council for Veterans Chris Jansma- Outreach Case Manager Office: 507-345-7676 Cell: 507-382-1701 Fax: 507-345-2008 724 Madison Ave. Mankato, MN 56001 Www.mac-v.org